



Race: TRIATHLON 3ος Αγώνας Πρωταθλήματος

Date: 17/10/04

Venue: ΛΕΜΕΣΟΣ

TRIATHLON

PLACE	place in div	RACE No.	NAME	div	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/8	7	Darren Cole	OM	0:25:38	0:01:43	2	1:08:31	35,03	1	1:34:09	1	0:43:59	0:04:24	2	2:18:08
2	2/8	2	Κύπρος Νικολάου	OM	0:23:07	0:01:32	1	1:18:39	30,51	5	1:41:46	2	0:45:41	0:04:34	4	2:27:27
3	3/8	4	Dan Hayes	OM	0:31:37	0:02:06	9	1:16:39	31,31	2	1:48:16	6	0:40:50	0:04:05	1	2:29:06
4	1/3	3	Paul Hardisty	MM	0:27:36	0:01:50	7	1:17:55	30,80	4	1:45:31	4	0:44:03	0:04:24	3	2:29:34
5	1/1	6	Bev Childs	WM	0:25:42	0:01:43	3	1:16:54	31,21	3	1:42:36	3	0:52:39	0:05:16	5	2:35:15
6	2/3	8	Τάκης Νταής	MM	0:27:41	0:01:51	8	1:19:39	30,13	6	1:47:20	5	0:53:40	0:05:22	6	2:41:00
7	3/3	5	Haldane Van Horen	MM	0:26:44	0:01:47	4	1:21:44	29,36	7	1:48:28	7	1:02:54	0:06:17	8	2:51:22
8	7/8	1	Κύπρος Τσουλούπας	OM	0:27:33	0:01:50	5	1:28:27	27,13	9	1:56:00	9	1:02:29	0:06:15	7	2:58:29
9	8/8	9	Μάριος Νικολάου	OM	0:27:34	0:01:50	6	1:28:24	27,15	8	1:55:58	8	----	----	----	DNF

TRY-TRI 300/10/2,5

PLACE	place in div	RACE No.	NAME	div	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/3	16	Ορέστης Νικολάου	MJB	0:04:17	0:01:26	1	0:23:12	25,86	1	0:27:29	1	0:12:58	0:05:11	1	0:40:27
2	1/1	15	Νεοπτόλεμος Ιωάννου	MM	0:07:42	0:02:34	5	0:25:18	23,72	2	0:33:00	2	0:14:40	0:05:52	5	0:47:40
3	2/3	19	Zachary Hardisty	MJB	0:06:15	0:02:05	3	0:31:44	18,91	4	0:37:59	3	0:14:17	0:05:43	3	0:52:16
4	3/3	18	Heidi Hardisty	WM	0:06:18	0:02:06	4	0:31:43	18,92	3	0:38:01	4	0:14:17	0:05:43	3	0:52:18
5	1/1	20	Gabriel Warren *	MJB	0:04:49	0:01:36	2	0:33:34	17,87	5	0:38:23	5	0:13:20	0:05:20	2	0:52:23

* (0:51:43 + 0:00:40) PENALTY